

## Feedback from Thematic Partnerships: December 2008

Thematic Partnership		
<b>Health and Well-being Partnership</b>		
Main Aims of the Partnership		
To provide:		
<ul style="list-style-type: none"> <li>a partnership for the Area Director of Public Health for Hampshire Primary Care Trust to be equally accountable to the district councils within the area (namely, Fareham, Gosport and Havant Borough Councils);</li> <li>more local, visible leadership for health and well-being;</li> <li>opportunities for dialogue between member agencies (PCT and Local Authorities) across a range of health planning, general and practice-based commissioning and delivery issues.</li> </ul>		
Emerging Priorities		
How can you make a difference?	1	To increase physical activity across all age groups
	2	To effect a reduction in levels of obesity in children and adults
	3	To promote independence and quality of life/well-being amongst older adult population groups.
Links to Hampshire Local Area Agreement Priority Outcomes		
LAA Priority:	F	<p><b>Promote the health and well-being of people in Hampshire.</b></p> <ul style="list-style-type: none"> <li>Manage the risk of emergency hospital admission and length of stay, especially for vulnerable people.</li> <li>Provide information and support to older people to enable them to live independently.</li> <li>Improve health and well-being of people in Hampshire and reduce inequalities between areas of Hampshire with high and low deprivation scores.</li> <li>Promote independent living for vulnerable people.</li> <li>Tackle alcohol abuse.</li> </ul>
Progress since December 2007		
<p>2007/08 saw the setting up of an officers' group. The group reports on the progress being made on the actions required to achieve the partnership's three public health priorities, notably: increases in physical activity, reductions in childhood and adult obesity and improvements in Quality of Life and wellbeing amongst the older and more vulnerable sections of the local population. Progress includes:</p> <ul style="list-style-type: none"> <li>Revised terms of reference were agreed in June 2008.</li> <li>Fareham BC reviewed its 'Walking to Health Scheme' and introduced two 30 minute walks for residents less confident and able to take part in physical exercise. <ul style="list-style-type: none"> <li>❖ August - October 2008 - recorded a total of 542 residents attending the walks</li> <li>❖ August - October 2008 - 29 walks have taken place</li> <li>❖ Volunteers have contributed 53 hours towards this initiative</li> </ul> </li> <li>Fareham BC's 'Healthwise Streetwise' event saw 380 year six children participate in six scenarios / workshops including community safety, fire and rescue, physical exercise, healthy eating, recycling and stranger danger.</li> <li>Fareham BC's elected members on governing bodies are to encourage further progress by the nine schools yet to achieve status under the 'Healthy Schools' scheme. This work is enabled by PCT healthy schools leads who work with teachers around the core topic areas. <ul style="list-style-type: none"> <li>❖ 100% of schools engaged (41); and 32 (78%) have achieved enhanced status</li> </ul> </li> <li>Fareham BC's 'Exercise Referral Scheme' saw 41 out of 195 participants take out a monthly membership with the Fareham Leisure Centre by October 2008. An evaluation has been delivered to support the requirement for additional funding to maintain the scheme over 2009-10.</li> <li>Physical activity courses are being developed by Fareham BC to engage and encourage adult participation in physical exercise. The recruitment of a Physical Activity Officer will focus on establishing and developing physical activity opportunities in the community, as well as to raise awareness of local opportunities and the importance of physical activity.</li> <li>Fareham BC's 'Home Check Scheme' has been reviewed and a proposal was agreed regarding the development of the "Handyperson Service" to take on the Home Check remit, whilst allowing</li> </ul>		

an appropriate cost-saving to be realised with no loss of service.

- 'Seated to Music' training of nine instructors has started with weekly sessions to be delivered to Fareham residents from January 2009.

The partnership is working with NHS Education South Central to map the public health workforce. A series of one-to-one sessions was held with senior council officers having a good knowledge of the strategic and operational work of relevant services in the borough. A £7k training investment programme is being developed for delivery by March/ April 2009 with the aim of increasing the public health knowledge and capacity in the SE partnership area.

The partnership received a presentation by the PCT's Programme Manager on reducing inequalities in the prevention of vascular conditions.

- A comprehensive Quit4Life stop smoking services is delivered across Fareham with quit sessions running in GPs, community pharmacies and community venues. Over 500 smokers in the borough quit smoking in the 12 months up to end of March 2008. "Blue-collar workplaces" to be targeted 2008/09.
- Pilot alcohol brief intervention services are being established out of the Fareham Spotlight service and these will work over 2008/09 with a range of alcohol misusers including some clients from police custody.

A challenging year is in prospect for all partner organisations particularly as the new Hampshire Local Area Agreement 2008-11 takes effect.

#### Fareham Borough Council Contact Officer

<b>Name:</b>	Alistair Tait		
<b>Position:</b>	Corporate Policy Officer		
<b>Department:</b>	Chief Executive's	<b>Section:</b>	Performance and Improvement Team
<b>Telephone:</b>	01329 824335 (Direct line)		
<b>Email:</b>	<a href="mailto:atait@fareham.gov.uk">atait@fareham.gov.uk</a>		

#### Chairman

<b>Name:</b>	Councillor Brian Bayford		
<b>Organisation:</b>	Fareham Borough Council		
<b>Address:</b>	Civic Offices, Civic Way, Fareham, Hampshire PO16 7AZ		
<b>Telephone:</b>	01329 824561 (Fareham Borough Council) 01489 880740 (Home)		
<b>Email:</b>	<a href="mailto:bbayford@fareham.gov.uk">bbayford@fareham.gov.uk</a>		

#### networkfareham Board: Representative

<b>Name:</b>	Noreen Kickham, Area Director of Public Health for South East Hampshire		
<b>Organisation:</b>	Hampshire Primary Care Trust		
<b>Address:</b>	Headquarters, Omega House, 112, Southampton Road, Eastleigh SO50 5PB.		
<b>Telephone:</b>	023 8062 7660 (Personal Assistant, Lynne Dandy)		
<b>Email:</b>	<a href="mailto:noreen.kickham@hampshirepct.nhs.uk">noreen.kickham@hampshirepct.nhs.uk</a> <a href="mailto:lynne.dandy@hampshirepct.nhs.uk">lynne.dandy@hampshirepct.nhs.uk</a>		

#### networkfareham Board: Deputy

<b>Name:</b>	Neil Lockett		
<b>Organisation:</b>	(Address details as above.)		
<b>Address:</b>	023 8062 7639		
<b>Telephone:</b>	<a href="mailto:neil.lockett@hampshirepct.nhs.uk">neil.lockett@hampshirepct.nhs.uk</a>		
<b>Email:</b>			

#### Membership

Organisation	Representative
Hampshire Primary Care Trust	Noreen Kickham Area Director of Public Health for SE Hampshire
Fareham Borough Council	Councillor Brian Bayford
Gosport Borough Council	Councillor Peter Edgar
Havant Borough Council	Councillor Andrew Lenaghan

#### Meetings Held and Arranged

<b>Date:</b>	30 <sup>th</sup> June 2008	<b>Date:</b>	15 <sup>th</sup> December 2008
<b>Date:</b>	22 <sup>nd</sup> September 2008	<b>Date:</b>	16 <sup>th</sup> March 2009