

networkfareham Board Meeting
Wednesday 10 December 2008

Item 7 – Funding bids, Appendix A

FUNDING REQUEST

Name of Thematic Partnership	Health & Well-being Thematic Partnership
Contact Name	Janie Millerchip - Community Development Manager Emma Barrett - Community Development Officer
Amount Requested	£ 7,000
Summary of Bid (Details of proposed activity the money will be spent on)	<p>The Fareham Exercise Referral pilot project has demonstrated that there is demand for an on going scheme in Fareham.</p> <p>Hampshire Primary Care Trust has indicated that they are not in a position to provide any financial support for 2009.</p> <p>£7000 is required to enable the scheme to continue operating for a further year during which time opportunities for funding sources will be pursued.</p>
Monitoring arrangements and intended outcomes	<p>The scheme will continue to be monitored on a monthly basis.</p> <p>Monitoring indicators:</p> <ul style="list-style-type: none"> • Reasons for referral • Number of referrals • Referring practitioner • How many patients complete the 10-week scheme • How many patients take out a membership <p>Intended outcomes:</p> <ul style="list-style-type: none"> • To increase physical activity levels in sedentary or low active individuals. • To give patients accessing the scheme the confidence and knowledge to lead a more active and healthy lifestyle • To influence patients long - term physical and behaviour changes, therefore increasing greater employment opportunities, reducing isolation, and improving mobility • Help reduce adult obesity levels in Fareham

Timescale (anticipated period over which the money will be spent)	January - December 2009	
How does this bid support the targets within the Sustainable Community Strategy?	<ul style="list-style-type: none"> • Increase physical activity participation • Reduce levels of obesity in adults • Promote independence and quality of life to older people accessing the scheme 	
Overall funding arrangements (please specify total cost of project and the amounts contributed from other partners)	Scheme running costs for 2008/2009 - 300 patients Nutritional training costs £750.00 Printing & publicity costs £430.00 SLM co-ordination (10 hours per week) £5200.00 Supervised sessions (3 per week @ £20) £3120 Instructors time (£40 per patient) £12,000 Total £21,500.00 Partner contributions Targeted income / SLM £12,000 SLM contribution £2500.00 Total shortfall / funding required £7000.00 The above costs will only enable the scheme to continue operating for another year, it will not be sufficient enough to further develop the schemes capacity	
Date of Thematic Partnership meeting when bid agreed (the bid must be presented at TP meetings and be agreed by all partners on the TP)	22 September 2008 Health & Wellbeing Partnership approved	
Signed (by Chair/ Vice Chair of Thematic Partnership)		Date
networkfareham Board		
Bid agreed	Yes	No
Amount Agreed		
Signed (by Chair/ Vice Chair of the LSP Board)		Date