

Feedback from Thematic Partnerships: March 2008

Thematic Partnership			
Health and Well-being Partnership			
Main Aims of the Partnership			
To provide: <ul style="list-style-type: none"> • a partnership for the Area Director of Public Health for Hampshire Primary Care Trust to be equally accountable to the district councils within the area (namely, Fareham, Gosport and Havant Borough Councils); • more local, visible leadership for health and well-being; • opportunities for dialogue between member agencies (PCT and Local Authorities) across a range of health planning, general and practice-based commissioning and delivery issues. 			
Emerging Priorities			
How can you make a difference?	1 To increase physical activity across all age groups.		
	2 To effect a reduction in levels of obesity in children and adults.		
	3 To promote independence and quality of life / well-being amongst older population groups.		
Links to Hampshire Local Area Agreement Priority Outcomes			
LAA Priority:	6 <ul style="list-style-type: none"> • Promote the health and well-being of people in Hampshire. • Increase levels of sport and physical activity. • Healthy eating. • Smoking cessation. • Workplace health. • Emergency response. • Safety of roads. • Healthy Hampshire award. 		
Progress since December 2007			
Schedule A attached sets out the progress made as at February 2008 against each of the Board's three priority actions.			
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networkfareham Board: Deputy			
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Membership			
Organisation		Representative	
Hampshire Primary Care Trust		Noreen Kickham / Kathryn Rowles Area Director of Public Health for SE Hampshire	
Fareham Borough Council		Councillor Brian Bayford	
Gosport Borough Council		Councillor Peter Edgar	
Havant Borough Council		Councillor Gwen Blackett	
Meetings Held and Arranged			
Date:	27 February 2007	Date:	12 December 2007
Date:	08 June 2007	Date:	05 March 2008
Date:	12 September 2007	2008/2009	Gosport BC to arrange

Outline Action	Linkage with Other Priority Areas	Performance Monitoring Measures	Agency/Project lead	Progress as at February 2008
Priority 1: To Increase Physical Activity across all Age Groups				
<p>Action 1 - Walking to Health Schemes</p> <p>Promote and support the implementation of 'Walking to Health' Schemes across Fareham, Gosport and Havant Borough Council areas.</p>	<p>Links with Priority 2 (reducing levels of obesity) and Priority 3 (wellbeing of older people)</p>	<ul style="list-style-type: none"> - Number and coverage of Schemes - Uptake/numbers participating in Health Walks 	<p>Borough Councils Emma Barrett (FBC) Sue Butler (GBC) Nicki Conyard (HBC)</p>	<p>Well established schemes in place in Fareham, Gosport and Havant. Regular reporting to be established: including, number of walk leaders, number of walks, uptake and planned developments</p>
<p>Action 2 – Health Trainers</p> <p>Promote and support the Health Trainers programme across the South East Hampshire area, as a means of addressing key lifestyle risk factors (including physical activity) with vulnerable groups</p>	<p>Links with Priority 2 (reducing levels of obesity)</p>	<ul style="list-style-type: none"> - Population coverage of Health Trainer Scheme - Numbers of accredited Trainers 	<p>Hampshire PCT Lee Dawson</p>	<p>3 health Trainer schemes delivered through Home Start (Butser, Havant and Gosport) Service agreement review underway with anticipated increase in activity targets to be negotiated. Proposed scheme with probation services in Gosport and Havant planned.</p>
<p>Action 3 - Healthy Schools Scheme</p> <p>Continue to support schools across the Fareham, Gosport and Havant areas to participate in the Healthy Schools Scheme as a means of tackling health improvement issues through curriculum and 'whole school' policy interventions.</p>	<p>Links with Priority 2 (reducing levels of obesity)</p>	<ul style="list-style-type: none"> - Numbers of schools across Fareham, Gosport and Havant participating in the Scheme - Focus themes of work in participating schools 	<p>Reporting through Hampshire PCT for Hampshire Activity Jill Corbett</p>	<p>Joint delivery of Healthy Schools Scheme underway with Hampshire County Council Healthy Schools Service. Links with LPSA2 Childhood Obesity target established. Working towards stretch target of 90% of schools achieving healthy Schools enhanced status by December 2008. 50-60% of schools have achieved enhanced status. Focus of team will be to work with those schools not currently engaged.</p>

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<p>Action 4 – Exercise Referral</p> <p>Implement exercise referral pilot scheme in Fareham Borough area and evaluate outcomes to support further development</p>	<p>Links with Priority 2 (reducing levels of obesity) and Priority 3 (wellbeing of older people)</p>	<ul style="list-style-type: none"> - Numbers participating in referral scheme - Numbers completing programme. 	<p>Fareham BC (Emma Barrett) in conjunction with Hampshire PCT (Lee Dawson)</p>	<p>4 practices in Fareham involved in pilot Exercise Referral Scheme. Evaluation tool developed to support initiative which can be used to support roll out of scheme.</p>
<p>Priority 2: To Effect a Reduction in Levels of Obesity in Children and Adults</p>				
<p>Action 1 – Weight Management Programmes</p> <p>As part of Hampshire Primary Care Trust's Vascular Prevention Programme establish weight management programmes.</p> <p>These will include :</p> <ul style="list-style-type: none"> - Training and Development Programme for Primary Care staff to support patients with weight management issues. - Commissioning of specialist weight management services to target those with a Body Mass Index over 30 and with associated co-morbidities e.g. Diabetes and Cardio Vascular disease 	<p>Links with Priority 1 (increasing physical activity) and Priority 3 (wellbeing of older people)</p>	<ul style="list-style-type: none"> - Numbers of practices completing training - % of adult patients having BMI recorded - Numbers participating in specialised Weight Management Services 	<p>Hampshire PCT Jill Corbett</p>	<p>Weight management services are progressing with various mapping exercises identifying training needs and gaps in local service provision of diet, physical activity and cognitive support to lose weight. These will be used to inform training for primary care as part of the roll out of the care pathway and to develop level 2 and 3 services. Discussions have taken place to develop a standardised measure to enable different service options to be compared. The preferred option is to achieve an average weight loss of 1.5lb / 0.75kg per week over a defined period of time; and the maintenance of this loss at 26 and 52 weeks.</p>

Outline Action	Linkage with Other Priority Areas	Performance Monitoring Measures	Agency/Project lead	Progress as at February 2008
<p>Action 2 – Leisure/Physical Activity Opportunities</p> <p>Scope and define sustainable physical activity opportunities through Borough leisure/recreation/play strategies for children and adults.</p>	<p>Links with Priority 1 (increasing physical activity)</p>	<p>Comprehensive information provided by Borough to support signposting from PCT led Weight Management Services.</p>	<p>Borough Councils Lorna Smith (FBC) Glen Wilkinson (FBC) Lee Dawson (PCT Physical Activity lead)</p>	<p>Fareham BC have invested £200,000 in Play Strategy – focus on increasing physical activity in deprived localities Gosport BC also implementing Play Strategy. Links with BC Leisure Services to be established with PCT physical activity agenda</p>
<p>Priority 3: To Promote Independence and Quality of Life and Wellbeing for Older Population Groups</p>				
<p>Action 1 – Implement the ‘Sign up and Quit’ Smoking Cessation project, which includes provision of mobile clinic sessions in community settings</p>	<p>Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)</p>	<ul style="list-style-type: none"> - Numbers taking up mobile smoking cessation services - Numbers quitting through mobile smoking cessation support 	<p>Hampshire PCT</p>	<p>The smoking cessation service has begun to roll out the Sign Up and Quit trailer events using promotional resources to sign up quitters and encourage them to attend local groups and sessions. There are currently 40 events planned within the programme areas of Havant, Gosport and Rushmoor in 2008.</p>
<p>Action 2 – Develop community based intervention services to support alcohol reduction</p>	<p>Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)</p>	<ul style="list-style-type: none"> - Service network established - Numbers accessing services and programme completion rate 	<p>Hampshire PCT</p>	<p>The alcohol project is linked into the Hampshire Flagship 10 point plan and is currently focusing on identifying the impact of previous local training and models of effective practice before designing a local service, with implementation planned for the autumn of 2008.</p>

Outline Action	Linkage with Other Priority Areas	Performance Monitoring Measures	Agency/Project lead	Progress as at February 2008
<p>Action 3 – Case Finding in Primary Care</p> <p>As part of Hampshire Primary Care Trust's Vascular Prevention Programme, case find in Primary Care, individuals with increased Cardio Vascular Risk. This will include weight management for obese patients, smoking cessation support, blood pressure/cholesterol monitoring</p>	<p>Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)</p>	<ul style="list-style-type: none"> - Numbers of patients identified as being of increased risk - Numbers of patients receiving interventions around: weight management hypertension management smoking cessation brief interventions around alcohol misuse 	<p>Hampshire PCT</p>	<p>The CVD case finding project is focusing on adults aged 45-69 years who do not know they are at risk of CVD. They are being identified through GP practices, using a new software tool to generate a risk register. Practices will then be contacting patients and offering advice and support to enable lifestyle changes such as weight loss, quitting smoking and reduced consumption of alcohol as well as medications such as statins for those who need them. A Locally Enhanced Service agreement has been drafted and is under discussion.</p>
<p>Action 4 – Homecheck Schemes</p> <p>Sustain implementation of local authority homecheck schemes as a means of reducing falls amongst older people and supporting independent living</p>	<p>Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)</p>	<ul style="list-style-type: none"> - Numbers of homechecks undertaken with over- 60s - Numbers referred into the scheme by community health services 	<p>Borough Councils</p>	<p>Schemes established in each LA through service delivered by PCC</p>
<p>Action 5 – Falls Prevention Pathway Development</p> <p>Develop signposting referral links between community health and Homecheck providers as part of integrated falls prevention care pathway developed during 08/09</p>	<p>Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)</p>	<ul style="list-style-type: none"> - Development of integrated Falls Prevention pathway which reflects community schemes. 	<p>Hampshire PCT Gill Spencer</p>	<p>PCT Consultant in Public Health to develop falls pathway for integration with Older Persons Pathway development work</p>

Outline Action	Linkage with Priority Areas	Performance Monitoring Measures	Lead Agency	Timescales
<p>Public health workforce development project in Local Authorities</p> <p>Define and map the public health workforce within each Local Authority Borough Council and implement a programme to support workforce development which will enhance delivery of activities in each of the three priority areas</p>	<p>Links with Priority 1 (increasing physical activity), Priority 2 (reducing levels of obesity) and Priority 3 (wellbeing of older people)</p>	<ul style="list-style-type: none"> - Definition of workforce, services and development needs by Local Authority - Development plan in place - Numbers participating in learning programmes - Learning outcomes and relevance in practice 	<p>Borough Councils in conjunction with NHS South Central Education Service project facilitator</p>	<p>Scoping exercise completed by end March 2008</p> <p>Development plan implemented from April 2008.</p>

IMPLEMENTATION: MONITORING PROCESS AND NEXT STEPS

- 1 It is proposed that the Officers Group becomes the main focus for ongoing monitoring of implementation of progress. It will be accountable to the Area Public Health Liaison Board and report to each Board meeting.
Members include:
 - * Janie Millerchip/Emma Barrett (Fareham Borough Council)
 - * Dave Jago (Gosport Borough Council)
 - * Claire Hughes/Nicki Conyard (Havant Borough Council)
 - * Noreen Kickham/Kathryn Rowles and Neil Lockett (Hampshire PCT)
- 2 It is proposed that with Board approval of the Outline Action Plan, next steps will comprise the development of robust project plans for each strand of work. These will include key tasks, lead officer, milestones, resource/funding, performance monitoring measures. Projects should demonstrate/reflect the 'added value' as a result of a joint interagency approach. For each project. Relevant indicators and targets should be included to support performance monitoring.
- 3 To support the delivery and workforce development, the Officers Group is participating in a Public Health Workforce Development local authority pilot project. This will comprise training/development opportunities or local authority staff delivering health and wellbeing programmes. Funding has been sourced through NESC to support this project.
- 4 It is proposed Local Authority leads will work with the Project Consultant to identify the approach to delivery and project priorities in each local authority.