

## Mileage rates and subsistence allowances

### Car allowances

(effective from 1 April 2008)

For all journeys payment will be made at the rate of 40p per mile.

### Subsistence allowances

(effective from 1 April 2008)

Please note that payment cannot be made unless receipts are attached to claims.

### Subsistence

Breakfast:	£6.45	Tea:	£3.53
Lunch:	£8.91	Evening meal:	£11.03

### Out-of-pocket expenses

Per night:	£4.65	Per week:	£18.60
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